



Asociația „Ψ-Quest” Cluj-Napoca
psi.quest.info@gmail.com
www.psi-quest.ro



Asociația de Terapie Familială „Pro Familia”
Programul Cluj-Napoca
www.familytherapy.ro

1st Ψ – Quest International Conference in Partnership with ATF-PF

**THE SYSTEMIC COUPLE AND FAMILY PSYCHOTHERAPY PRACTICE AND TRAINING PROCESS IN THE 21ST CENTURY.
A Dialogue Between Classical and Modern Approaches, Models and Trends**

Scientific Programme

2 – 4 October 2015

**City Plaza Hotel, Babeș-Bolyai University Cluj-Napoca
ROMANIA**



Day I – Friday, 2 October 2015

08.00 - 08.30	Registration		
	Volunteers		
08.30 - 09.00	Opening session. Greetings		
	Enikő Školka, Ph.D., Chair of the Conference; “Ψ-Quest” Association, Cluj-Napoca, “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania Univ. Lecturer, Carmen Costea-Bărluțiu, Ph.D., Special Education Department “Babeș-Bolyai” University, Cluj-Napoca; “Ψ-Quest” Association, Cluj-Napoca, Chair of the Ethical Committee - “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania		
09.00 - 09.45	Encounters – Warm up		
	Orbán Mária, “Ψ-Quest” Association, Cluj-Napoca, “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania; psychotherapist, trainer-supervisor in systemic couple/ family therapy and children/ adolescent psychodrama		
09.45 - 10.15	Coffee break		
10.15 - 11.45	Plenary presentation I (90 minutes) MANY WAYS THAT SYSTEMIC THERAPISTS CAN EXPLOIT RESEARCH TO STRENGTHEN THEIR PRACTICE Professor Emeritus Peter Michael Stratton, Ph.D. Univ. of Leeds, Chair of the European Family Therapy Association Research Committee, Leeds Family Therapy and Research Centre, UK; systemic family therapist and supervisor, developmental psychologist		
11.45 - 12.00	Coffee break		
12.00 - 13.30	I. Parallel Workshops (90 minutes) – Psychotherapy Practice (PP) / Psychotherapy Training (PT)		
	SAME-SEX PARENTING: BABES IN ARMS OR BABES IN THE WOODS? Damian McCann Tavistock Centre for Couple Relationships/ Associate Pink Therapy, London, UK; individual and couple psychoanalytic psychotherapist, Systemic Couple Psychotherapist and Supervisor, Co-Director of PGDip Relationship Therapy with Gender and Sexual Diversities PP - City Plaza Ballroom	ANXIOUS, SECURE AND AVOIDANT FAMILY THERAPISTS: REFLECTING ON OUR OWN ATTACHMENT ORIENTATION Zoltán Kónya, M.D. AGAPE Life Care Foundation/ Systemic Family Therapy Association, Cluj-Napoca, Romania; systemic psychotherapist, trainer-supervisor in systemic family therapy, <i>and</i> Ágnes Kónya, M.D. AGAPE Life Care Foundation/ Systemic Family Therapy Association, Cluj-Napoca, Romania; systemic psychotherapist, trainer-supervisor in systemic family therapy PP - “Babeș-Bolyai” University, Amphitheatre A. Roșca (nr.13.)	FAMILY COPING WITH SCHIZOPHRENIA – A PSYCHIATRIC PERSPECTIVE - <u>CANCELLED</u> Mihaela Fadgyas-Stănculete, M.D., Ph.D. Assistant Professor, “Iuliu Hațieganu” University of Medicine and Pharmacy, Department of Neurosciences, Emergency Clinical Hospital, Department of Psychiatry, Cluj-Napoca, Romania; senior psychiatrist, licensed psychologist PP - “Babeș-Bolyai” University, Room nr.19.
13.30 - 15.00	Lunch break		



15.00 - 16.30	Plenary presentation II (90 minutes) TRAINING SYSTEMIC THERAPISTS FOR THE 21ST CENTURY – VIRTUAL INTIMACIES AND WORLD FAMILIES IN A GLOBALIZED WORLD Professor Maria Borcsa, Ph.D. Univ. of Applied Sciences, Nordhausen, Germany; President of the European Family Therapy Association; Professor of clinical psychology, accredited psychotherapist, family therapist and supervisor
16.30 - 17.00	Coffee break
17.00 - 18.30	Plenary live tele-presentation III (90 minutes) CONTEXTUAL THERAPY, A MODEL OF THERAPY THAT BRIDGES PAST AND PRESENT Professor Catherine Ducommun-Nagy, M.D. President of the Institute for Contextual Growth, Inc. Glenside, Philadelphia, USA; clinical associate professor Family Therapy Program, Drexel University, Philadelphia, USA; specialist FMH (Switzerland) in psychiatry and psychotherapy of children and adults, teacher of contextual therapy Moderator: Adriana Lăpădătoni, “Ψ-Quest” Association, Cluj-Napoca, “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania; clinical psychologist, systemic couple and family therapist under supervision
18.30 - 19.00	Integrative activity I Moderator: Enikő Školka, Ph.D., Chair of the Conference; “Ψ-Quest” Association, Cluj-Napoca, “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania
19.00	Dinner with guest speakers



Day II – Saturday, 3 October 2015		
09.30 - 11.00	Plenary presentation IV (90 minutes) DEVELOPMENTS IN COUPLE PSYCHOANALYTIC AND SYSTEMIC PRACTICE. PAST, PRESENT AND FUTURE Damian McCann Tavistock Centre for Couple Relationships/ Associate Pink Therapy, London, UK; individual and couple psychoanalytic psychotherapist, systemic couple psychotherapist and supervisor, Co-Director of PGDip Relationship Therapy with Gender and Sexual Diversities	
11.00 - 11.30	Coffee break	
11.30 - 13.00	II. Parallel Workshops (90 minutes) – Psychotherapy Practice (PP) / Psychotherapy Training (PT)	
	THE ART OF USING THE SELF OF THE THERAPIST IN SYSTEMIC PSYCHOTHERAPY Haviva Ayal, Ph.D. Head of Program – Marital Counseling Parents' College, Tel Aviv, Israel; Visiting professor – Tel Aviv University; systemic individual, couple and family psychotherapist and trainer in family therapy PP - City Plaza Ballroom	SYSTEMIC CONCEPTUALIZATION AND PSYCHOTHERAPEUTIC INTERVENTIONS FOR COUPLES WITH NARCISSISTIC - BORDERLINE FUNCTIONING: CLASSICAL AND MODERN APPROACHES Carmen Costea-Bărluțiu, Ph.D. University Lecturer at Special Education Department "Babeș-Bolyai" University, Cluj-Napoca; "Ψ-Quest" Association, Cluj-Napoca; "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania, systemic couple and family therapist PP - "Babeș-Bolyai" University, Room nr.19.
		TENSIONS BETWEEN STANDARDIZED AND NON-STANDARDIZED ASSESSMENT PROCEDURES IN SYSTEMIC THERAPY. ROMANIAN VALIDATION STUDY OF A BATTERY FOR INDIVIDUAL/ COUPLE/ FAMILY FUNCTIONING AND THERAPEUTIC CHANGE: PRELIMINARY RESULTS Enikő Školka, Ph.D. "Ψ-Quest" Association, Cluj-Napoca, "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania, psychotherapist, trainer-supervisor in systemic couple and family therapy, Ericksonian hypno-psychotherapist, focusing oriented client centered child, adolescent and adult psychotherapist PT - "Babeș-Bolyai" University, Amphitheatre A. Roșca (nr.13.)
13.00 - 15.00	Lunch break	
15.00 - 16.30	Plenary live tele-presentation V (90 minutes) LOVE, SECRETS, CYBERSEX, INFIDELITY, ADDICTION – AND FORGIVENESS? Janis Abrahms Spring, Ph.D. Clinical Psychologist, private practice, Connecticut, USA; faculty member, Ackerman Institute for the Family, expert in couple therapy, former clinical supervisor, Department of Psychology, Yale University Moderator: Univ. Lecturer Carmen Costea-Bărluțiu, Ph.D., Special Education Department "Babeș-Bolyai" University, Cluj-Napoca; "Ψ-Quest" Association, Cluj-Napoca; "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania; systemic couple and family therapist	
16.30 - 17.00	Coffee break	



17.00 - 18.30	Plenary live tele-presentation VI (90 minutes) COLLABORATIVE THERAPY: PRACTICAL SKILLS FOR DIVERSE COMMUNITIES Professor Diane R. Gehart, Ph.D. California State University, Northridge, USA; marriage and family therapist, professional counselor, supervisor and clinical fellow Moderator: Adriana Lăpădățoni, “Ψ-Quest” Association, Cluj-Napoca, “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania; clinical psychologist, systemic couple and family therapist under supervision
18.30 - 19.00	Integrative activity II Moderator: Orbán Mária, “Ψ-Quest” Association, Cluj-Napoca, “Pro Familia” Family Therapy Association, Miercurea-Ciuc, Romania; psychotherapist, trainer-supervisor in systemic couple/family therapy and children/adolescent psychodrama
19.00	Dinner with guest speakers



Day III – Sunday, 4 October 2015

09.30 - 11.00	III. Parallel Workshops (90 minutes) – Psychotherapy Practice (PP) / Psychotherapy Training (PT)		
	WHAT CAN WE ADOPT FROM CURRENT DEVELOPMENTS IN WIDER SYSTEMS SCIENCE TO ENRICH OUR SYSTEMIC APPROACHES TO FAMILIES Professor Emeritus Peter Michael Stratton, Ph.D. Univ. of Leeds, Chair of the EFTA Research Committee, Leeds Family Therapy and Research Centre, UK; systemic family therapist and supervisor, developmental psychologist PT - City Plaza Ballroom	TRAINING SYSTEMIC THERAPISTS FOR THE 21ST CENTURY – VIRTUAL INTIMACIES AND WORLD FAMILIES IN A GLOBALIZED WORLD Professor Maria Borcsa, Ph.D. Univ. of Applied Sciences, Nordhausen, Germany; President of the European Family Therapy Association; Professor of clinical psychology, Accredited Psychotherapist, Family Therapist and Supervisor PT - "Babeş-Bolyai" University, Amphitheatre A. Roşca (nr.13.)	CHANGES IN THE DYNAMICS OF THE MARITAL RELATIONSHIP AFTER CHILDBIRTH. CASE EXAMPLES FROM PERSONAL PSYCHOTHERAPEUTIC PRACTICE * Ildikó Mária Antal "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania; psychotherapist, trainer-supervisor in systemic couple and family therapy PP - "Babeş-Bolyai" University, Room nr.19. <i>* Language - Hungarian. Simultaneous translation in English</i>
11.00 - 11.30	Coffee break		
11.30 - 13.00	Plenary presentation VII (90 minutes) EPISTEMOLOGY NOT HISTORY – THE COMMUNICATION THEORY FOUNDATION OF SYSTEMIC THERAPY Professor Wendel Alfred Ray, Ph.D. College of Health & Pharmaceutical Sciences, University of Louisiana-Monroe (ULM); Senior Research Fellow, The Mental Research Institute (MRI), Palo Alto, CA; Senior Archivist, Founder and first Director of the Don D. Jackson Archive, USA; psychotherapist (private practice), supervisor - Individual, couple, and family therapy		
13.00 - 13.30	Coffee break		
13.30 - 14.00	Integrative activity III Moderator: Orbán Mária , "Ψ-Quest" Association, Cluj-Napoca, "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania; psychotherapist, trainer-supervisor in systemic couple/family therapy and children/adolescent psychodrama		
14.00 - 14.30	Feedback. Farewell. Closing. Univ. Lecturer, Carmen Costea-Bărluţiu, Ph.D. , Special Education Department "Babeş-Bolyai" University, Cluj-Napoca; "Ψ-Quest" Association, Cluj-Napoca, Chair of the Ethical Committee - "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania Enikő Školka, Ph.D. , Chair of the Conference; "Ψ-Quest" Association, Cluj-Napoca, "Pro Familia" Family Therapy Association, Miercurea-Ciuc, Romania		
14.30 - 16.00	Lunch		
16.00 - 19.00	City Tour		
19.00	Dinner with guest speakers		